

Public Holiday Schedule on Monday, 21st January 2019 (Thaipusam)

Time	Class	Instructor	Studio
7:00AM	Hot Pilates Sculpt	Candace	Corner Studio
7:00AM	Hot Power Flow	Abi	Central Studio
8:15AM	Hot Power Flow	Abi	Corner Studio
8:30AM	Xtend Barre Cardio Sculpt	Luba	Central Studio
9:30AM	Hot Pilates Sculpt	Luba	Corner Studio
10:00AM	Hot Power Flow	Apple	Central Studio
11:00AM	Hot Pilates Flow	Maria	Corner Studio
11:15AM	Mat Pilates Sculpt (Non Hot)	Ken	Central Studio
12:15PM	Hot Power Flow	Zephyr	Corner Studio
12:30PM	Xtend Barre Cardio Sculpt	Maria	Central Studio
1:30PM	Hot Power Flow	Zephyr	Corner Studio
2:00PM	Xtend Barre Fundamentals	Farahana	Central Studio

Studio will be closed at 3:30pm